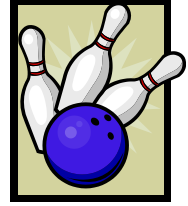




PE Newsletter



Upcoming Units

**Floor Hockey/Fitness
Parachute/Bowling
Nutrition
Jump Rope
Dance
Basketball**

The 3rd and 4th graders have started their floor hockey unit and are having a blast. The Chicago Wolves donated practice jerseys for them to wear during class and they will each receive a free ticket at the end of the unit. 1st and 2nd grade will be doing Parachute and 3rd and 4th grade will be in bowling in a couple weeks. In the Nutrition Unit we talk about the different food groups, serving sizes, healthy vs. unhealthy choices. For our Jump Rope Unit we will focus mainly on our Jump Rope for Heart event and information will be coming home about that shortly. The students will be learning new dances this year such as Line Dances, Square Dances, Hockey Stick Dance, and Party Dances. We will end the 3rd Quarter with our Basketball unit.

Pe Events

**Jump Rope for Heart
Thursday 2/23**

**Cupstacking
Tournament**

**@Jones
Thursday 3/21
5:00-6:30**

Pe Shoes

Students must change their shoes for physical education class, especially since we are in the new gym. If not, they cannot participate that day. It is important for us to keep the floor clean. Tennis shoes for indoor physical education classes are required. Indoor tennis shoes must be clean and stay at school. Tennis shoes worn to school can be worn outside, but not inside.

Contact me with any concerns

Mrs. Vlcek

815-290-7100 Ext. 6113

avlcek@min201.org

