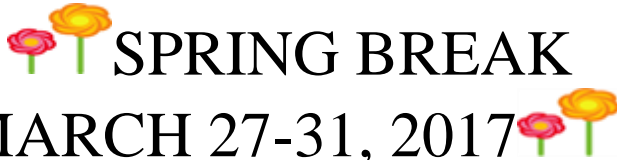


## March 2017

\*CONTAINS PORK

| MONDAY                                                                                                                                                                                                                                        | TUESDAY                                                                                                                                       | WEDNESDAY                                                                                                                                          | THURSDAY                                                                                                                                           | FRIDAY                                                                                                                                                                                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 27<br>CHICKEN BURGER-25G<br>WW BUN-26G<br>FRIES-19G<br>TROPICAL FRUIT-15G<br>2 KETCHUP-4G<br>MILK<br><br>CALORIES-630/600                                                                                                                     | 28<br>CORN DOG-30G<br>BAKED BEANS*-29G<br>APPLE SLICES-7G<br>STRING CHEESE-1G<br>2 KETCHUP-4G<br>1 MUSTARD-0G<br>MILK<br><br>CALORIES-630/600 | 1<br>GRILLED CHEESE-31G<br>CARROT STICKS-8G<br>DICED PEARS-20G<br>RANCH CUP-5G<br>PRETZELS-12G<br>MILK<br><br>CALORIES-630/600                     | 2<br>CALZONE-32G<br>ROMAINE SALAD-3G<br>RANCH CUP-5G<br>GRAPE JUICE-18G<br>RICE KRISPIE-9G<br>MILK<br><br>CALORIES-625/595                         | 3<br>4 FISH STICKS-18G<br>CAULIFLOWER-4G<br>MIXED FRUIT-20G<br>STRING CHEESE-1G<br>VANILLA GOLDFISH-19G<br>2 KETCHUP-4G<br>MILK<br><br>CALORIES-645/615                                           |
| 6<br>BBQ RIBLET* 4G<br>WW BUN-26G<br>FRIES-19G<br>FRUIT PUNCH-14G<br>2 KETCHUP-4G<br>MILK<br><br>CALORIES-620/590                                                                                                                             | 7<br>FIESTADA-39G<br>REFRIED BEANS-16G<br>SALSA-2G<br>PINEAPPLE-18G<br>MILK<br><br>CALORIES-620/580                                           | 8<br>PERSONAL PEPPERONI<br>PIZZA-40G<br>GREEN BEANS-6G<br>TROPICAL FRUIT-15G<br>FRUIT SNACKS-22G<br>MILK<br><br>CALORIES-620/580                   | 9<br>BOSCO STICKS-34G<br>MARINARA-8G<br>ROMAINE SALAD-3G<br>RANCH CUP-5G<br>APPLESAUCE-22G<br>MILK<br><br>CALORIES-625/585                         | 10 <b>5HR DAY</b><br>CHOCOLATE CHIP FRENCH<br>TOAST-35G<br>YOGURT-20G<br>STRING CHEESE-1G<br>FRESH CARROTS-8G<br>RANCH CUP-5G<br>ORANGE JUICE-12G<br>MILK<br><br>CALORIES-560/530                 |
| 13<br>CHICKEN NUGGETS-16G<br>CAULIFLOWER-4G<br>FRESH ORANGE-18G<br>BBQ SAUCE-6G<br>MILK<br><br>CALORIES-625/595                                                                                                                               | 14<br>CHEESE QUESADILLA-35G<br>TACO BEANS-20G<br>DICED PEACHES-12G<br>SALSA-2G<br>RICE KRISPIE-9G<br>MILK<br><br>CALORIES-640/610             | 15<br>WAFFLES-38G<br>FRESH CARROTS-8G<br>ORANGE JUICE-12G<br>RANCH-5G<br>CHEDDAR CHEESE STICK-<br>0G<br>YOGURT-20G<br>MILK<br><br>CALORIES-660/630 | 16<br>BREADED CHICKEN LEG-5G<br>MASHED POTATOES-21G<br>GRAVY-7G<br>APPLESAUCE-22G<br>CHOCOLATE CHIP COOKIE-<br>14G<br>MILK<br><br>CALORIES-625/595 | 17 <b>ST. PATRICK'S DAY/<br/>BIRTHDAY</b><br>GARLIC FRENCH BREAD-<br>30G<br>MARINARA CUP-8G<br>BROCCOLI-4G<br>DICED PEARS 20G-<br>MINT CHOCOLATE ICE<br>CREAM-20G<br>MILK<br><br>CALORIES-660/630 |
| 20<br>PEPPERONI HOT POCKET-<br>32G<br>GREEN BEANS-6G<br>DICED PEACHES-20G<br>VANILLA GOLDFISH-19G<br>MILK<br><br>CALORIES-640/610                                                                                                             | 21<br>CHILI CHEESE WRAP-35G<br>TACO BEANS-20G<br>PINEAPPLE-18G<br>SALSA-2G<br>MILK<br><br>CALORIES-610/580                                    | 22<br>HAMBURGER-2G<br>WW BUN-26G<br>FRIES-19G<br>FRESH APPLE SLICES-7G<br>1 MUSTARD-0G<br>4 KETCHUP-8G<br>MILK<br><br>CALORIES-650/620             | 23<br>BOSCO STICKS-34G<br>MARINARA CUP-8G<br>ROMAINE SALAD-3G<br>RANCH CUP-5G<br>GRAPE JUICE-18G<br>MILK<br><br>CALORIES-615/585                   | 24 <b>5 HR DAY/GLUTEN FREE</b><br>LUCKY CHARMS CEREAL-<br>23G<br>CARROT STICKS-8G<br>YOGURT-20G<br>CHEDDAR CHEESE-0G<br>RANCH CUP-5G<br>ORANGE JUICE-12G<br>MILK<br><br>CALORIES-560/530          |
| 27                                                                                                                                                                                                                                            | 28                                                                                                                                            | 29                                                                                                                                                 | 30                                                                                                                                                 | 31                                                                                                                                                                                                |
|  <p style="font-size: 2em; font-weight: bold; margin: 0;">SPRING BREAK</p> <p style="font-size: 3em; font-weight: bold; margin: 0;">MARCH 27-31, 2017</p> |                                                                                                                                               |                                                                                                                                                    |                                                                                                                                                    |                                                                                                                                                                                                   |

Lunch Fees are collected on the first morning of the school week. The 2016-2017 lunch fee is \$2.55 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.