



October 2017

*CONTAINS PORK

+NEW ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 NEW ITEM GRILLED CHICKEN+-1G CIABATTA BREAD+-30G FRIES-19G FRUIT PUNCH-14G 2 KETCHUP-4G 1 MAYO-2G MILK</p> <p>CALORIES-660/630</p>	<p>3 CORN DOG-30G BAKED BEANS*-29G MIXED FRUIT-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK</p> <p>CALORIES-650/620</p>	<p>4 GRILLED CHEESE-31G CARROT COINS-12G GRAPE JUICE-18G NACHO DORITOS-20G MILK</p> <p>CALORIES-665/635</p>	<p>5 BOSCO STICKS-34G MARINARA CUP-8G BROCCOLI-4G APPLE SLICES-7G VANILLA GOLDFISH-19G MILK</p> <p>CALORIES-630/600</p>	<p>6 5 HOURS/gluten free LUCKY CHARMS-23G CARROT STICKS-8G CHERRY YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-560/530</p>
<p>9 NO SCHOOL</p>  <p>CALORIES-660/630</p>	<p>10 NEW ITEM CHEESEBURGER SLIDDERS+-39G CARROT COINS-7G FRUIT PUNCH-14G FRUIT ROLL UP-11G 1 KETCHUP-2G 1 MUSTARD-0G MILK</p> <p>CALORIES-625/595</p>	<p>11 NEW ITEM COUNTRY STEAK TENDERS+-18G MASHED POTATOES-21G GRAVY-7G APPLE SAUCE-22G MILK</p> <p>CALORIES-645/615</p>	<p>12 NEW ITEM BBQ CHICKEN FLATBREAD+-38G ROMAINE SALAD-3G RANCH CUP-5G DICED PEARS-20G RICE KRISPIE-9G MILK</p> <p>CALORIES-645/615</p>	<p>13 NEW ITEM MINI TACO QUESADILLAS+-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G CHOCOLATE CHIP COOKIE-14G MILK</p> <p>CALORIES-660/630</p>
<p>16 CALZONE-33G CORN-21G APPLE SAUCE-22G VANILLA GOLDFISH-19G MILK</p> <p>CALORIES-670/640</p>	<p>17 STRAWBERRY PANCAKES-40G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK</p> <p>CALORIES-670/640</p>	<p>18 CHICKEN TENDERS-22G BAKED BEANS*-29G APPLE SLICES-7G BBQ SAUCE-7G RICE KRISPIE-9G MILK</p> <p>CALORIES-707/677</p>	<p>19 BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-18G GRAPE JUICE-18G MILK</p> <p>CALORIES-615/585</p>	<p>20 GLUTEN FREE NACHOS-30G (TACO MEAT, CHEESE, CHIPS) SALSA-2G GRAPE JUICE-18G CARROT STICKS-8G RANCH CUP-5G MILK</p> <p>CALORIES-640/610</p>
<p>23 BBQ RIB*-4G WW BUN-26G FRIES-19G DICED PEARS-20G FRUIT ROLL-UP-11G 2 KETCHUP-4G MILK</p> <p>CALORIES-690/660</p>	<p>24 CHEESE QUESADILLA-38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G RICE KRISPIE-9G MILK</p> <p>CALORIES-660/630</p>	<p>25 CHICKEN NUGGETS-16G PEAS/CARROTS+-9G GRAPE JUICE-18G GRAPE JUICE-18G DESPICABLE ME SNACKS+-22G 2 KETCHUP-4G MILK</p> <p>CALORIES-650/620</p>	<p>26 GARLIC PARM FLATBREAD+-33G GREEN BEANS-6G APPLE SAUCE-22G VANILLA GOLDFISH-19G MILK</p> <p>CALORIES-650/620</p>	<p>27 5 HOURS PANCAKE/SAUSAGE STICK-18G CARROT STICKS-8G ORANGE JUICE-13G SYRUP-4G STRAW/BANANA YOGURT-20G RANCH CUP-5G MILK</p> <p>CALORIES-595/565</p>
<p>30 NO SCHOOL</p> <p>TEACHER'S INSTITUTE</p>  <p>CALORIES-660/630</p>	<p>31 BIRTHDAY LUNCH BEEF HOT DOG-1G WW BUN-26G FRIES-19G APPLE SLICES-7G SPOOKY ICE CREAM-16G 1 MUSTARD-0G 4 KETCHUP-8G MILK</p> <p>CALORIES-720/690</p>	<p>NOV 1 CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G FRUIT ROLL UP-11G 1 MAYO-2G MILK</p> <p>CALORIES-695/665</p>	<p>NOV 2 BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-20G MILK</p> <p>CALORIES-615/585</p>	<p>3 GLUTEN FREE CHICKEN TACO SALAD(CHICKEN, CHEESE, LETTUCE, TORTILLA CHIPS)-28G SALSA-2G FRESH ORANGE-21G MILK</p> <p>CALORIES-618/588</p>

Lunch Fees are collected on the first morning of the school week. The 2017-2018 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.