





## NOVEMBER 2017

\*CONTAINS PORK

+NEW ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30 <b>NO SCHOOL</b></p> <p><b>TEACHER'S INSTITUTE</b></p> 	<p>31 <b>BIRTHDAY LUNCH</b></p> <p>BEEF HOT DOG-1G WW BUN-26G FRIES-19G APPLE SLICES-7G SPOOKY ICE CREAM-16G 1 MUSTARD-0G 4 KETCHUP-8G MILK CALORIES-720/690</p>	<p>1</p> <p>CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G FRUIT ROLL UP-11G 1 MAYO-2G MILK</p> <p>CALORIES-695/665</p>	<p>2</p> <p>BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-20G MILK</p> <p>CALORIES-615/585</p>	<p>3 <b>GLUTEN FREE</b></p> <p>CHICKEN TACO SALAD(CHICKEN, CHEESE, LETTUCE, TORTILLA CHIPS)-28G SALSA-2G FRESH ORANGE-21G MILK</p> <p>CALORIES-618/588</p>
<p>6</p> <p>GRILLED CHICKEN BITES+6G GREEN BEANS-6G STRAWBERRIES-21G FRUIT ROLL UP-11G HONEY MUSTARD SAUCE-20G MILK</p> <p>CALORIES-635/605</p>	<p>7</p> <p>MINI CORN DOG-30G BAKED BEANS*-29G PINEAPPLE-18G FRUIT SNACKS-20G MILK</p> <p>CALORIES-700/670</p>	<p>8</p> <p>CHEESEBURGER SLIDERS-39G CARROT COINS-7G FRUIT PUNCH-14G RICE KRISPIE-9G 1 KETCHUP-2G 1 MUSTARD-0G MILK</p> <p>CALORIES-625/595</p>	<p>9</p> <p>BBQ CHICKEN FLATBREAD-38G ROMAINE SALAD-3G RANCH CUP-5G DICED PEARS-20G RICE KRISPIE-9G MILK</p> <p>CALORIES-645/615</p>	<p>10 <b>5 HOUR DAY</b></p> <p>MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS+-21G MILK</p> <p>CALORIES-630/600</p>
<p>13</p> <p>CHICKEN NUGGETS-16G PEAS/CARROTS-9G MIXED FRUIT-20G DESPICABLE ME SNACKS-22G 2 KETCHUP-4G MILK</p> <p>CALORIES-650/620</p>	<p>14</p> <p>CHEESE QUESADILLA-40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G DICED PEARS-20G MILK</p> <p>CALORIES-720/690</p>	<p>15</p> <p>PERSONAL PEPPERONI PIZZA-39G BROCCOLI-4G FRUIT PUNCH-14G TEDDY GRAHAMS-16G MILK</p> <p>CALORIES-660/600</p>	<p>16 <b>HOLIDAY MEAL</b></p> <p>TURKEY/GRAVY-3G MASHED POTATOES-21G GRAVY-7G APPLESAUCE-22G PUMPKIN ICE CREAM-16G MILK</p> <p>CALORIES-605-575</p>	<p>17 <b>GLUTEN FREE</b></p> <p>LUCKY CHARMS-23G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-560/530</p>
<p>20</p> <p><b>NO SCHOOL PARENT TEACHER CONFERENCES</b></p> 	<p>21</p> <p><b>NO SCHOOL PARENT TEACHER CONFERENCES</b></p> 	<p>22 <b>NO SCHOOL</b></p>	<p>23 <b>NO SCHOOL</b></p>	<p>24 <b>NO SCHOOL</b></p>
<div style="border: 2px solid orange; padding: 10px;"> <p><b>HAPPY THANKSGIVING</b></p>  </div>				
<p>27</p> <p>HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK</p> <p>CALORIES-680/650</p>	<p>28</p> <p>MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G CHOCOLATE CHIP COOKIE-14G MILK</p> <p>CALORIES-660/630</p>	<p>29</p> <p>CHICKEN PATTY-15G WW BUN-26G CAULIFLOWER-4G APPLE SLICES-7G MAYO-2G MILK</p> <p>CALORIES-605/575</p>	<p>30 <b>BIRTHDAY LUNCH</b></p> <p>FRENCH BREAD PIZZA-33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G BIRTHDAY SLUSHY-20G MILK</p> <p>CALORIES-684/656</p>	<p>DECEMBER 1</p> <p><b>GLUTEN FREE</b></p> <p>NACHOS-30G (TACO MEAT, CHEESE, CHIPS) SALSA-2G GRAPE JUICE-18G CARROT STICKS-8G RANCH CUP-5G MILK</p> <p>CALORIES-640/610</p>

Lunch Fees are collected on the first morning of the school week. The 2017-2018 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.