

## DECEMBER 2017

\*CONTAINS PORK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK  <i>CALORIES-680/650</i>	28 MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G CHOCOLATE CHIP COOKIE-14G MILK  <i>CALORIES-660/630</i>	29 CHICKEN PATTY-15G WW BUN-26G CAULIFLOWER-4G APPLE SLICES-7G MAYO-2G MILK  <i>CALORIES-605/575</i>	30 <b>BIRTHDAY LUNCH</b> FRENCH BREAD PIZZA-33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G BIRTHDAY SLUSHY-20G MILK  <i>CALORIES-684/656</i>	1 <b>GLUTEN FREE</b> NACHOS-30G (TACO MEAT, CHEESE, CHIPS) SALSA-2G GRAPE JUICE-18G CARROT STICKS-8G RANCH CUP-5G MILK  <i>CALORIES-640/610</i>
4 BBQ CHICKEN-21G WW BUN-26G FRIES-19G STRAWBERRIES-21G 4 KETCHUP-8G MILK  <i>CALORIES-720/690</i>	5 CORN DOG-30G BAKED BEANS*-29G MIXED FRUIT-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK  <i>CALORIES-650/620</i>	6 PERSONAL PEPPERONI PIZZA-39G BROCCOLI-4G APRICOTS-25G FRUIT SNACKS-22G MILK  <i>CALORIES-670/640</i>	7 SOY BUTTER AND JELLY-SANDWICH-28G CARROT STICKS-8G RANCH CUP-5G APPLE SLICES-7G CHEDDAR GOLDFISH-14G MILK  <i>CALORIES-630/600</i>	8 <b>GLUTEN FREE</b> CHICKEN TACO SALAD(CHICKEN, CHEESE, LETTUCE, TORTILLA CHIPS)-28G SALSA-2G DICED PEARS-20G MILK  <i>CALORIES-608/578</i>
11 BEEF HOT DOG-3G WW BUN-20G FRIES-27G TROPICAL FRUIT-15G 4 KETCHUP-8G 1 MUSTARD-0G MILK  <i>CALORIES-660/620</i>	12 <b>BIRTHDAY LUNCH</b> PERSONAL CHEESE PIZZA-40G GREEN BEANS-6G DICED PEARS-20G CANDY CANE ICE CREAM BIRTHDAY TREAT-12G MILK  <i>CALORIES-600/570</i>	13 CHICKEN NUGGETS-16G BAKED BEANS*-28G DICED PEACHES-12G LEMON/BLUEBERRY CRISPS-21G 2 KETCHUP-4G MILK  <i>CALORIES-680/650</i>	14 BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-20G MILK  <i>CALORIES-615/585</i>	15 PANCAKE/SAUSAGE STICK-18G CARROT STICKS-8G ORANGE JUICE-13G SYRUP-4G STRAW/BANANA YOGURT-20G RANCH CUP-5G MILK  <i>CALORIES-595/565</i>
18 GRILLED CHICKEN STRIPS-6G CORN-21G APPLESAUCE-22G BBQ SAUCE-7G DESPICABLE ME SNACKS-22G MILK  <i>CALORIES-695/665</i>	19 CHICKEN QUESADILLA-38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G RICE KRISPIE-9G MILK  <i>CALORIES-650/620</i>	20 HOT POCKET-32G BROCCOLI-4G TROPICAL FRUIT-15G STRING CHEESE-1G RICE KRISPIE-9G MILK  <i>CALORIES-640/610</i>	21 <b>HOLIDAY MEAL</b> BREADED CHICKEN LEG-5G MASHED POTATOES-21G GRAVY-7G APPLE SAUCE-22G GINGERBREAD COOKIE-15G MILK  <i>CALORIES-625/595</i>	22 <b>5 HOUR/GLUTEN FREE</b> LUCKY CHARMS CEREAL-23G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE STICK-0G RANCH CUP-5G ORANGE JUICE-12G MILK  <i>CALORIES-560/530</i>
25 	26	27	28	29
<div style="border: 2px solid orange; padding: 10px; margin: 10px auto; width: 80%;"> <h1 style="margin: 0;">WINTER BREAK</h1> <p style="margin: 0;">DECEMBER 25, 2017-JANUARY 8, 2018</p> </div>				

Lunch Fees are collected on the first morning of the school week. The 2017-2018 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.