



JANUARY 2018

*CONTAINS PORK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
<div style="display: flex; justify-content: space-between; align-items: center;"> <h1 style="margin: 0;">WINTER BREAK</h1>  </div> <p style="margin: 5px 0 0 0;">DECEMBER 25, 2017-JANUARY 8, 2018</p>				
<p>8 NO SCHOOL TEACHER'S INSTITUTE</p> 	<p>9 CHICKEN TENDERS-22G CORN-21G APPLESAUCE-22G BBQ SAUCE-7G MILK</p> <p>CALORIES-677/647</p>	<p>10 CHICKEN QUESADILLA-38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G RICE KRISPIE-9G MILK</p> <p>CALORIES-650/620</p>	<p>11 BIRTHDAY LUNCH FRENCH BREAD PIZZA-33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G BIRTHDAY SLUSHY-20G MILK</p> <p>CALORIES-684/656</p>	<p>12 GLUTEN FREE APPLE CINNAMON CHERRIOS-23G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE STICK-0G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-560/530</p>
<p>15 NO SCHOOL</p> 	<p>16 PERSONAL PEPPERONI PIZZA-39G BROCCOLI-4G APRICOTS-25G FRUIT SNACKS-22G MILK</p> <p>CALORIES-670/640</p>	<p>17 CHEESEBURGER SLIDERS-39G CARROT COINS-7G FRUIT PUNCH-14G RICE KRISPIE-9G 1 KETCHUP-2G 1 MUSTARD-0G MILK</p> <p>CALORIES-625/595</p>	<p>18 CHICKEN PATTY-15G WW BUN-26G CAULIFLOWER-4G APPLE SLICES-7G MAYO-2G MILK</p> <p>CALORIES-605/575</p>	<p>19 MINI WAFFLES-38G YOGURT-19G STRING CHEESE-1G FRESH CARROTS-6G ORANGE JUICE-13G SYRUP-4G MILK</p> <p>CALORIES-603/573</p>
<p>22 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK</p> <p>CALORIES-730/700</p>	<p>23 MINI CORN DOG-30G BAKED BEANS*-29G PINEAPPLE-18G FRUIT SNACKS-20G MILK</p> <p>CALORIES-700/670</p>	<p>24 BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-20G MILK</p> <p>CALORIES-615/585</p>	<p>25 GLUTEN FREE NACHOS-30G (TACO MEAT, CHEESE, CHIPS) SALSA-2G GRAPE JUICE-18G CARROT STICKS-8G RANCH CUP-5G MILK</p> <p>CALORIES-640/610</p>	<p>26 5 HOUR PANCAKE/SAUSAGE STICK-18G CARROT STICKS-8G ORANGE JUICE-13G SYRUP-4G STRAW/BANANA YOGURT-20G RANCH CUP-5G MILK</p> <p>CALORIES-595/565</p>
<p>29 GRILLED CHICKEN BITES-6G PEAS AND CARROTS-9G APPLESAUCE-22G R F DORITOS-20G FRUIT ROLL UP-11G BBQ SAUCE-7G MILK</p> <p>CALORIES-605/575</p>	<p>30 MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G CHOCOLATE CHIP COOKIE-14G MILK</p> <p>CALORIES-660/630</p>	<p>31 SOY BUTTER AND JELLY-SANDWICH-28G CARROT STICKS-8G RANCH CUP-5G APPLE SLICES-7G CHEDDAR GOLDFISH-14G MILK</p> <p>CALORIES-630/600</p>	<p>1 HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK</p> <p>CALORIES-680/650</p>	<p>2 MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS-21G MILK</p> <p>CALORIES-630/600</p>

Lunch Fees are collected on the first morning of the school week. The 2017-2018 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.