



FEBRUARY 2018

*CONTAINS PORK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 CALZONE-33G CORN-21G APPLE SAUCE-22G VANILLA GOLDFISH-19G MILK CALORIES-670/640	6 CORN DOG-30G BAKED BEANS*-29G MIXED FRUIT-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK CALORIES-650/620	7 CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G RICE KRISPIE-9G 1 MAYO-2G MILK CALORIES-695/665	8 GLUTEN FREE CHICKEN TACO SALAD(CHICKEN, CHEESE, LETTUCE, TORTILLA CHIPS)-28G SALSA-2G FRESH ORANGE-21G MILK CALORIES-618/588	9 BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-20G MILK CALORIES-615/585
12 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK CALORIES-730/700	13 CHEESE QUESADILLA- 40G TACO BEANS-20G SALSA CUP-0G S'RING CHEESE-1G DICED PEARS-20G MILK CALORIES-720/690	14 VALENTINE'S DAY/BIRTHDAY GARLIC PARM FLATBREAD-33G GREEN BEANS-6G APPLE SAUCE-22G VALENTINE'S CHERRY/VANILLA ICE CREAM-2G MILK CALORIES-610/580	15 5 HOUR/GLUTEN FREE APPLE CINNAMON CHERRIOS-23G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE STICK-0G RANCH CUP-5G ORANGE JUICE-12G MILK CALORIES-560/530	16 NO SCHOOL TEACHER'S INSTITUTE 
19 NO SCHOOL PRESIDENT'S DAY 	20 CHICKEN NUGGETS-16G PEAS/CARROTS+-9G GRAPE JUICE-18G PRESIDENT COOKIES- 22G 2 KETCHUP-4G MILK CALORIES-640/610	21 BEEF HOT DOG-3G WW BUN-20G FRIES-27G TROPICAL FRUIT-15G 4 KETCHUP-8G 1 MUSTARD-0G MILK CALORIES-660/620	22 CHICKEN TACOS(CHICKEN, LETTUCE, CHEESE, TORTILLAS)-35G SALSA-0G APPLE SLICES-7G RICE KRISPIE-9G MILK CALORIES-758/727	23 BIRTHDAY LUNCH FRENCH BREAD PIZZA- 33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G BIRTHDAY SLUSHY-20G MILK CALORIES-684/656
26 CHEESEBURGER SLIDERS-39G CARROT COINS-7G FRUIT PUNCH-14G FRUIT ROLL UP-11G 1 KETCHUP-2G 1 MUSTARD-0G MILK CALORIES-625/595	27 CHICKEN TENDERS-22G BAKED BEANS*-29G DICED PEACHES-12G BBQ SAUCE-7G RICE KRISPIE-9G MILK CALORIES-727/697	28 BBQ CHICKEN FLATBREAD-38G ROMAINE SALAD-3G RANCH CUP-5G DICED PEARS-20G RICE KRISPIE-9G MILK CALORIES-645/615	MARCH 1 COUNTRY STEAK TENDERS-18G MASHED POTATOES-21G GRAVY-7G APPLE SAUCE-22G RICE KRISPIE-9G MILK CALORIES-690/660	MARCH 2 STRAWBERRY PANCAKES-40G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK CALORIES-670/640

Lunch Fees are collected on the first morning of the school week. The 2017-2018 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.