

MARCH 2018

*CONTAINS PORK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 CHEESEBURGER SLIDERS-39G CARROT COINS-7G FRUIT PUNCH-14G FRUIT ROLL UP-11G 1 KETCHUP-2G 1 MUSTARD-0G MILK CALORIES-625/595	27 CHICKEN TENDERS-22G BAKED BEANS*-29G APPLE SLICES-7G BBQ SAUCE-7G RICE KRISPIE-9G MILK CALORIES-707/677	28 BBQ CHICKEN FLATBREAD-38G ROMAINE SALAD-3G RANCH CUP-5G DICED PEARS-20G RICE KRISPIE-9G MILK CALORIES-645/615	MARCH 1 COUNTRY STEAK TENDERS-18G MASHED POTATOES-21G GRAVY-7G APPLE SAUCE-22G RICE KRISPIE-9G MILK CALORIES-690/660	MARCH 2 STRAWBERRY PANCAKES-40G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK CALORIES-670/640
5 RIBLET-4G WW BUN-26G CORN-21G APPLESAUCE-22G FRUIT SNACKS-20G MILK CALORIES-710/680	6 CHICKEN QUESADILLA- 38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G RICE KRISPIE-9G MILK CALORIES-650/620	7 CHOCOLATE CHIP FRENCH TOAST-35G YOGURT-20G STRING CHEESE-1G FRESH CARROTS-8G RANCH CUP-5G ORANGE JUICE-12G MILK CALORIES-560/530	8 CHICKEN PATTY-15G WW BUN-26G CAULIFLOWER-4G PRETZELS-12G PINEAPPLE-18G MILK CALORIES-655/625	9 BOSCO STICKS-34G DIPPING SAUCE-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-20G MILK CALORIES-615/585
12 CHICKEN NUGGETS-16G PEAS/CARROTS-9G APPLESAUCE-22G DESPICABLE ME SNACKS-22G 2 KETCHUP-4G MILK CALORIES-650/620	13 CORN DOG-30G BAKED BEANS*-29G MIXED FRUIT-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK CALORIES-650/620	14 BIRTHDAY LUNCH PERSONAL CHEESE PIZZA-40G GREEN BEANS-6G DICED PEARS-20G CHOCOLATE MINT ICE CREAM BIRTHDAY TREAT-12G MILK CALORIES-600/570	15 GLUTEN FREE NACHOS-30G (TACO MEAT, CHEESE, CHIPS) SALSA-2G GRAPE JUICE-18G CARROT STICKS-8G RANCH CUP-5G MILK CALORIES-640/670	16 MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS+-21G MILK CALORIES-630/600
19 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK CALORIES-730/700	20 MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G TEDDY GRAHAMS-16G MILK CALORIES-660/630	21 GRILLED CHICKEN BITES-6G PEAS AND CARROTS-9G APPLESAUCE-22G R F DORITOS-20G FRUIT ROLL UP-11G BBQ SAUCE-7G MILK CALORIES-605/575	22 FRENCH BREAD PIZZA- 33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G RICE KRISPIE-8.5G MILK CALORIES-646/616	23 5 HOUR/GLUTEN FREE APPLE CINNAMON CHEERIOS-23G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE STICK-0G RANCH CUP-5G ORANGE JUICE-12G MILK CALORIES-560/530
26	27	28	29	30



SPRING BREAK

MARCH 26-30, 2017



Lunch Fees are collected on the first morning of the school week. The 2017-2018 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.