

ERIN'S LAW

PRESENTATION 5-6

ERIN MERRYIN - ERIN'S LAW

“The very first part of healing is shattering the silence”

-Erin Merryn



WHAT WE ARE DOING TODAY

Open honest discussion about the hard topic of abuse and how to handle it if you or someone you know is experiencing this



TYPES OF ABUSE

- Physical
- Verbal/Emotional
- Sexual



SECRETS...ARE THEY OK?



SECRETS

1. Safe Secrets
2. Unsafe Secrets



TELLING SOMEONE



WHO IS A TRUSTED ADULT AND WHY SHOULD YOU TELL THEM?

1. Trusted Adults at and around home...
2. Trusted Adults at and around school...



SMART CHOICES ONLINE



INTERNET SAFETY

- Make your settings private
- Know who you are talking to
- Be mindful of what you are posting
- If you are sent something that makes you feel uncomfortable, speak up



Cyberbullying



- Continuous, unwanted harassment that happens online
 - The behaviors are from a threatening, repeated over time, and are one directional
- Talk about it:
 - If an online message or image makes them feel threatened or hurt, speak up and talk to someone
 - It is not ok to hide behind your posts, online is still a part of your character

T.H.I.N.K.



THINK before you Post!

f t in g+ YouTube W

T = Is your post TRUE?
H = Is your post HELPFUL?
I = Is your post INSPIRING?
N = Is your post NECESSARY?
K = Is your post KIND?

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Questions

