





*CONTAINS PORK

NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p> <p>NO SCHOOL</p> <p>TEACHER INSTITUTE</p> 	<p>30</p> <p>CHICKEN NUGGETS-16G PEAS/CARROTS-9G MIXED FRUIT-20G ANIMAL CRACKERS-22G 2 KETCHUP-4G MILK</p> <p>CALORIES-650/620</p>	<p>31 BIRTHDAY LUNCH BEEF HOT DOG-1G WW BUN-26G FRIES-19G APPLE SLICES-7G SPOOKY ICE CREAM-16G 1 MUSTARD-0G 4 KETCHUP-8G MILK</p> <p>CALORIES-720/690</p>	<p>1</p> <p>PERSONAL CHEESE PIZZA-40G ROMAINE SALAD-3G RANCH CUP-5G APPLE SLICES-7G RICE KRISPIE-9G MILK</p> <p>CALORIES-565/595</p>	<p>2</p> <p>STRAWBERRY PANCAKES-40G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK</p> <p>CALORIES-670/640</p>
<p>5</p> <p>CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G FRUIT ROLL UP-11G 1 MAYO-2G MILK</p> <p>CALORIES-695/665</p>	<p>6</p> <p>MINI CORN DOG-30G BAKED BEANS*-29G PINEAPPLE-18G FRUIT SNACKS-20G MILK</p> <p>CALORIES-700/670</p>	<p>7</p> <p>BOSCO STICKS-34G MARINARA CUP-8G CORN-19G DICED PEACHES-21G MILK</p> <p>CALORIES-630/600</p>	<p>8 GLUTEN FREE CHICKEN TACO SALAD(CHICKEN, CHEESE, LETTUCE, TORTILLA CHIPS)-28G SALSA-2G FRESH CARROTS-8G RANCH-5G APPLE SLICES-7G MILK</p> <p>CALORIES-688/658</p>	<p>9 5 HOUR DAY MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS-21G MILK</p> <p>CALORIES-630/600</p>
<p>12</p> <p>RIBLET-4G WW BUN-26G FRIES-19G APPLESAUCE-22G RICE KRISPIE-9G 2 KETCHUP-4G MILK</p> <p>CALORIES-770/740</p>	<p>13</p> <p>CHICKEN QUESADILLA-38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G TEDDY GRAHAMS-16G MILK</p> <p>CALORIES-690/660</p>	<p>14</p> <p>CHEESE PIZZA SQUARE-30G BROCCOLI-4G DICED PEARS-20G FRUIT SNACKS-22G MILK</p> <p>CALORIES-610/580</p>	<p>15 HOLIDAY MEAL TURKEY/GRAVY-3G MASHED POTATOES-21G GRAVY-7G CRAISINS-28G PUMPKIN ICE CREAM-16G MILK</p> <p>CALORIES-625/605</p>	<p>16 GLUTEN FREE FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-570/540</p>
<p>19</p> <p>NO SCHOOL PARENT TEACHER CONFERENCES</p> 	<p>20</p> <p>NO SCHOOL PARENT TEACHER CONFERENCES</p> 	<p>21</p>	<p>22</p>	<p>23</p>
<div style="border: 2px solid orange; padding: 10px; margin: 10px auto; width: 80%;"> <p>HAPPY THANKSGIVING</p>  </div>				
<p>26</p> <p>HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK</p> <p>CALORIES-680/650</p>	<p>27</p> <p>CHEESE QUESADILLA-40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G DICED PEARS-20G MILK</p> <p>CALORIES-720/690</p>	<p>28</p> <p>CHICKEN TENDERS-22G CAULIFLOWER-4G BBQ SAUCE-7G CRAISINS-28G RICE KRISPIE-9G MILK</p> <p>CALORIES-642/612</p>	<p>29 BIRTHDAY LUNCH FRENCH BREAD PIZZA-33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G BIRTHDAY SLUSHY-20G MILK</p> <p>CALORIES-684/656</p>	<p>30 NEW ITEM CINNAMON FRENCH TOAST-37G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK</p> <p>CALORIES-670/640</p>

Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.