


*CONTAINS PORK

DECEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK CALORIES-730/700	4 CORN DOG-30G BAKED BEANS*-29G MIXED FRUIT-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK CALORIES-650/620	5 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G CRAISINS-28G MILK CALORIES-645/615	6 GLUTEN FREE NACHOS-30G (TACO MEAT, CHEESE, , CHIPS) SALSA-2G GRAPE JUICE-18G CARROT STICKS-8G RANCH CUPS-5G MILK CALORIES-640/610	7 PANCAKE/SAUSAGE STICK-18G CARROT STICKS-6G ORANGE JUICE-13G SYRUP-4G STRING CHEESE-1G YOGURT-19G MILK CALORIES-633/603
10 HOT POCKET-32G GREEN BEANS-6G APPLE JUICE-14G STRING CHEESE-1G RICE KRISPIE-9G MILK CALORIES-640/610	11 MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G BLUEBERRY LEMON CRISPS-21G MILK CALORIES-660/630	12 HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK CALORIES-680/650	13 HOLIDAY MEAL BREADED CHICKEN LEG- 5G MASHED POTATOES-21G GRAVY-7G APPLE SAUCE-22G GINGERBREAD COOKIE- 15G MILK CALORIES-625/595	14 MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS-21G MILK CALORIES-630/600
17 CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G FRUIT ROLL UP-11G 1 MAYO-2G MILK CALORIES-695/665	18 CHEESE QUESADILLA- 40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G DICED PEARS-20G MILK CALORIES-720/690	19 CHICKEN NUGGETS-14G CORN-21G DICED PEACHES-17G STRING CHEESE-1G BBQ SAUCE-16G TEDDY GRAHAMS-15G MILK CALORIES-690/660	20 BIRTHDAY LUNCH PERSONAL CHEESE PIZZA-40G BROCCOLI-4G DICED PEARS-20G CANDY CANE ICE CREAM BIRTHDAY TREAT-12G MILK CALORIES-600/570	21 5 HOURS/GLUTEN FREE FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK CALORIES-570/540
24	25	26	27	29
<div style="border: 2px solid orange; padding: 10px; margin: 10px auto; width: 80%;"> <h1 style="margin: 0;">WINTER BREAK</h1>  <p style="margin: 0;">DECEMBER 24, 2018 - JANUARY 8, 2019</p> </div>				
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Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.