

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
 <p><b>WINTER BREAK</b> DECEMBER 24, 2018-JANUARY 8, 2019</p>				
<p>7</p> <p><b>NO SCHOOL TEACHER INSTITUTE</b></p> 	<p>8</p> <p>CHICKEN TENDERS-22G CAULIFLOWER-4G BBQ SAUCE-7G CRAISINS-28G RICE KRISPIE-9G MILK</p> <p>CALORIES-642/612</p>	<p>9</p> <p>HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK</p> <p>CALORIES-680/650</p>	<p>10</p> <p>BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK</p> <p>CALORIES-615/585</p>	<p>11</p> <p>CINNAMON FRENCH TOAST-37G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK</p> <p>CALORIES-670/640</p>
<p>14</p> <p>BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK</p> <p>CALORIES-730/700</p>	<p>15</p> <p>CORN DOG-30G BAKED BEANS*-29G MIXED BERRIES-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK</p> <p>CALORIES-650/620</p>	<p>16</p> <p>CHICKEN NUGGETS-16G PEAS/CARROTS-9G STRAWBERRIES-22G VANILLA GOLDFISH-19G 2 KETCHUP-4G MILK</p> <p>CALORIES-640/610</p>	<p>17</p> <p>PERSONAL CHEESE PIZZA-40G ROMAINE SALAD-3G RANCH CUP-5G APRICOTS-25G RICE KRISPIE-9G MILK</p> <p>CALORIES-645/615</p>	<p>18 <b>GLUTEN FREE</b></p> <p>FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-570/540</p>
<p>21 <b>NO SCHOOL</b></p> 	<p>22</p> <p>CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G FRUIT ROLL UP-11G 1 MAYO-2G MILK</p> <p>CALORIES-695/665</p>	<p>23</p> <p>CHILI CHEESE WRAP-35G TACO BEANS-20G STRAWBERRIES-22G SALSA-2G MILK</p> <p>CALORIES-610/580</p>	<p>24 <b>BIRTHDAY LUNCH</b></p> <p>FRENCH BREAD PIZZA- 33G ROMAINE SALAD-3G FRENCH DRESSING-4G DICED PEARS-20G BIRTHDAY SLUSHY-20G MILK</p> <p>CALORIES-684/656</p>	<p>25 <b>5 HOUR DAY</b></p> <p>BREADED CHICKEN LEG- 5G MASHED POTATOES-21G GRAVY-7G APRICOTS-25G CHOCOLATE RICE KRISPIE-8G MILK</p> <p>CALORIES-620/590</p>
<p>28</p> <p>RIBLET-4G WW BUN-26G CORN-21G APPLESAUCE-22G FRUIT SNACKS-20G MILK</p> <p>CALORIES-710/680</p>	<p>29</p> <p>CHICKEN QUESADILLA- 38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G TEDDY GRAHAMS-16G MILK</p> <p>CALORIES-690/660</p>	<p>30</p> <p>HOT POCKET-32G GREEN BEANS-6G APPLE JUICE-14G STRING CHEESE-1G RICE KRISPIE-9G MILK</p> <p>CALORIES-640/610</p>	<p>31</p> <p>BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G MIXED BERRIES-20G MILK</p> <p>CALORIES-625/595</p>	<p>1 <b>GLUTEN FREE</b></p> <p>NACHOS-30G (TACO MEAT, CHEESE, , CHIPS) SALSA-2G STRAWBERRIES-22G CARROT STICKS-8G RANCH CUPS-5G MILK</p> <p>CALORIES-650-620</p>

Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.