

*CONTAINS PORK

FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 RIBLET-4G WW BUN-26G CORN-21G APPLESAUCE-22G FRUIT SNACKS-20G MILK CALORIES-710/680	29 CHICKEN QUESADILLA-38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G TEDDY GRAHAMS-16G MILK CALORIES-690/660	30 HOT POCKET-32G GREEN BEANS-6G APPLE JUICE-14G STRING CHEESE-1G RICE KRISPIE-9G MILK CALORIES-640/610	31 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G MIXED BERRIES-20G MILK CALORIES-625/595	1 GLUTEN FREE NACHOS-30G (TACO MEAT, CHEESE, , CHIPS) SALSA-2G STRAWBERRIES-22G CARROT STICKS-8G RANCH CUPS-5G MILK CALORIES-650-620
4 CHICKEN PATTY-15G WW BUN-26G CAULIFLOWER-4G PRETZELS-12G PINEAPPLE-18G MILK CALORIES-655/625	5 CHICKEN QUESADILLA-38G TACO BEANS-20G SALSA-0G DICED PEACHES-12G RICE KRISPIE-9G MILK CALORIES-650/620	6 HAMBURGER-2G WW BUNS-26G FRIES-19G TROPICAL FRUIT-15G 1 MUSTARD-0G 4 KETCHUP-8G MILK CALORIES-680/650	7 CHEESE PIZZA SQUARE-30G BROCCOLI-4G FRUIT PUNCH-14G FRUIT SNACKS-22G MILK CALORIES-610/580	8 CHOCOLATE CHIP FRENCH TOAST-35G YOGURT-20G STRING CHEESE-1G FRESH CARROTS-8G RANCH CUP-5G ORANGE JUICE-12G MILK CALORIES-560/530
11 GARLIC FRENCH BREAD-30G MARINARA CUP-8G GREEN BEANS-6G DICED PEARS-20G RICE KRISPIE-9G MILK CALORIES-640/610	12 CHILI CHEESE WRAP-35G TACO BEANS-20G STRAWBERRIES-22G SALSA-2G MILK CALORIES-610/580	13 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK CALORIES-615/585	14 VALENTINE'S DAY BEEF HOT DOG-1G WW BUN-26G FRIES-19G APPLE SLICES-7G CHERRY/VANILLA ICE CREAM-6G 1 MUSTARD-0G 4 KETCHUP-8G MILK CALORIES-720/690	15 5 HOUR DAY/ GLUTEN FREE FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK CALORIES-570/540
18 NO SCHOOL PRESIDENT'S DAY  CALORIES-730/700	19 CORN DOG-30G BAKED BEANS*-29G MIXED BERRIES-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK CALORIES-650/620	20 BIRTHDAY LUNCH CHICKEN TENDERS-22G CORN-21G BBQ SAUCE-7G FRESH APPLE-7G BIRTHDAY SLUSHY-20G MILK CALORIES-637/600	21 FRENCH BREAD PIZZA-33G GREEN BEANS-6G CRAISINS-28G TEDDY GRAHAMS-16G MILK CALORIES-646/616	22 MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS-21G MILK CALORIES-630/600
25 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK CALORIES-730/700	26 CHEESE QUESADILLA-40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G DICED PEARS-20G MILK CALORIES-720/690	27 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK CALORIES-615/585	28 5 HOUR DAY PANCAKE/SAUSAGE STICK-18G CARROT STICKS-6G ORANGE JUICE-13G SYRUP-4G STRING CHEESE-1G YOGURT-19G MILK CALORIES-633/603	MARCH 1 NO SCHOOL TEACHER'S INSTITUTE 

Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at www.min201.org. The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.