


\*CONTAINS PORK

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 4 KETCHUP-8G MILK  CALORIES-730/700	26 CHEESE QUESADILLA-40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G DICED PEARS-20G MILK  CALORIES-720/690	27 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK  CALORIES-615/585	28 <b>5 HOUR DAY</b> PANCAKE/SAUSAGE STICK-18G CARROT STICKS-6G ORANGE JUICE-13G SYRUP-4G STRING CHEESE-1G YOGURT-19G MILK  CALORIES-633/603	MARCH 1 <b>NO SCHOOL</b>  <b>TEACHER'S INSTITUTE</b>  
4 HAMBURGER-2G WW BUNS-26G FRIES-19G CRAISINS-28G 1 MUSTARD-0G 4 KETCHUP-8G MILK  CALORIES-680/650	5 CHICKEN NUGGETS-14G BAKED BEANS-29G MIXED BERRIES-20G BBQ SAUCE-16G RICE KRISPIE-9G MILK  CALORIES-640/610	6 PERSONAL CHEESE PIZZA-39G BROCCOLI-4G FRUIT PUNCH-14G TEDDY GRAHAMS-16G MILK  CALORIES-660/600	7 <b>GLUTEN FREE</b> NACHOS-30G (TACO MEAT, CHEESE, , CHIPS) SALSA-2G STRAWBERRIES-22G CARROT STICKS-8G RANCH CUPS-5G MILK  CALORIES-650-620	8 4 FISH STICKS-22G CORN-21G APPLESAUCE-22G DORITOS-20G 2-KETCHUP-4G MILK  CALORIES-680/650
11 CHICKEN PATTY-15G WW BUN-26G CAULIFLOWER-4G PRETZELS-12G CRAISINS-28G MILK  CALORIES-655/625	12 CHICKEN QUESADILLA-38G TACO BEANS-20G SALSA-0G MIXED BERRIES-28G TEDDY GRAHAMS-16G MILK  CALORIES-690/660	13 STRAWBERRY PANCAKES-40G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK  CALORIES-670/640	14 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK  CALORIES-615/585	15 GRILLED CHEESE SANDWICH-31G CORN-21G APPLE SLICES-7G DORITOS-20G MILK  CALORIES-670/640
18 CHEESE PIZZA SQUARE-30G GREEN BEANS-6G DICED PEACHES-12G FRUIT SNACKS-22G MILK  CALORIES-610/580	19 MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G BLUEBERRY LEMON CRISPS-21G MILK  CALORIES-660/630	20 HOT POCKET-32G BROCCOLI-4G TROPICAL FRUIT-15G STRING CHEESE-1G RICE KRISPIE-9G MILK  CALORIES-640/610	21 <b>BIRTHDAY LUNCH</b> CHICKEN TENDERS-22G CORN-21G BBQ SAUCE-7G FRESH APPLE-7G MINT CHOCOALTE ICE CREAM-12G MILK  CALORIES-637/600	22 <b>5 HOUR DAY/ GLUTEN FREE</b> FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK  CALORIES-570/540
25	26	27	28	29



# SPRING BREAK

## MARCH 25-29, 2019



Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.