


\*CONTAINS PORK

APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 FRENCH BREAD PIZZA-33G GREEN BEANS-6G CRAISINS-28G TEDDY GRAHAMS-16G MILK</p> <p>CALORIES-646/616</p>	<p>2 CHEESE QUESADILLA-40G TACO BEANS-20G SALSA CUP-0G STRING CHEESE-1G DICED PEARS-20G MILK</p> <p>CALORIES-720/690</p>	<p>3 CHICKEN NUGGETS-14G CORN-21G DICED PEACHES-17G STRING CHEESE-1G BBQ SAUCE-16G TEDDY GRAHAMS-15G MILK</p> <p>CALORIES-690/660</p>	<p>4 <b>GLUTEN FREE</b> CHICKEN TACO SALAD(CHICKEN, CHEESE, LETTUCE, TORTILLA CHIPS)-28G SALSA-2G FRESH CARROTS-8G RANCH-5G APPLE SLICES-7G MILK</p> <p>CALORIES-688/658</p>	<p>5 MACARONI/CHEESE-32G BROCCOLI-4G GRAPE JUICE-18G LEMON BLUEBERRY CRISPS-21G MILK</p> <p>CALORIES-630/600</p>
<p>8 RIBLET-4G WW BUN-26G FRIES-19G APPLESAUCE-22G RICE KRISPIE-9G 2 KETCHUP-4G MILK</p> <p>CALORIES-770/740</p>	<p>9 MINI CORN DOG-30G BAKED BEANS*-29G PINEAPPLE-18G FRUIT SNACKS-20G 2 KETCHUP-4G 1 MUSTARD-0G MILK</p> <p>CALORIES-700/670</p>	<p>10 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK</p> <p>CALORIES-615/585</p>	<p>11 <b>GLUTEN FREE</b> NACHOS-30G (TACO MEAT, CHEESE, , CHIPS) SALSA-2G STRAWBERRIES-22G CARROT STICKS-8G RANCH CUPS-5G MILK</p> <p>CALORIES-650-620</p>	<p>12 <b>5 HOUR DAY</b> <b>GLUTEN FREE</b> FRUITY CHEERIOS-25G CARROT STICKS-8G YOGURT-20G CHEDDAR CHEESE-0G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-570/540</p>
<p>15 BBQ CHICKEN-21G WW BUN-26G FRIES-19G APPLE JUICE-14G 2 KETCHUP-4G MILK</p> <p>CALORIES-730/700</p>	<p>16 MINI TACO QUESADILLAS-30G SALSA-2G TACO BEANS-20G PINEAPPLE-18G CHOCOLATE CHIP COOKIE-14G MILK</p> <p>CALORIES-660/630</p>	<p>17 CHICKEN NUGGETS-16G PEAS/CARROTS-9G MIXED FRUIT-20G VANILLA GOLDFISH-19G 2 KETCHUP-4G MILK</p> <p>CALORIES-640/610</p>	<p>18 CHOCOLATE CHIP FRENCH TOAST-35G YOGURT-20G STRING CHEESE-1G FRESH CARROTS-8G RANCH CUP-5G ORANGE JUICE-12G MILK</p> <p>CALORIES-560/530</p>	<p>19 <b>NO SCHOOL</b> <b>GOOD</b> <b>FRIDAY</b></p>
<p>22 <b>NO SCHOOL</b> <i>Happy Easter!</i> </p>	<p>23 HOT POCKET-32G GREEN BEANS-6G DICED PEACHES-12G STRING CHEESE-1G RICE KRISPIE-9G MILK</p> <p>CALORIES-640/610</p>	<p>24 <b>BIRTHDAY LUNCH</b> CHICKEN TENDERS-22G CORN-21G BBQ SAUCE-7G FRESH APPLE-7G BIRTHDAY CAKE ICE CREAM-12G MILK</p> <p>CALORIES-637/600</p>	<p>25 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK</p> <p>CALORIES-615/585</p>	<p>26 PANCAKE/SAUSAGE STICK-18G CARROT STICKS-6G ORANGE JUICE-13G SYRUP-4G STRING CHEESE-1G YOGURT-19G MILK</p> <p>CALORIES-633/603</p>
<p>29 CHICKEN PATTY-15G WW BUN-26G CARROT COINS-7G TROPICAL FRUIT-15G FRUIT ROLL UP-11G 1 MAYO-2G MILK</p> <p>CALORIES-695/665</p>	<p>30 CORN DOG-30G BAKED BEANS*-29G MIXED BERRIES-20G FRUIT ROLL UP-11G 2 KETCHUP-4G 1 MUSTARD-0G MILK</p> <p>CALORIES-650/620</p>	<p>MAY 1 BOSCO STICKS-34G MARINARA CUP-8G ROMAINE SALAD-3G RANCH CUP-5G GRAPE JUICE-18G MILK</p> <p>CALORIES-615/585</p>	<p>2 BREADED CHICKEN LEG-5G MASHED POTATOES-21G GRAVY-7G APPLE SAUCE-22G SUGAR COOKIE-15G MILK</p> <p>CALORIES-625/595</p>	<p>3 CINNAMON FRENCH TOAST-37G STRAWBERRY BANANA YOGURT-20G CHEDDAR CHEESE-0G CARROT STICKS-8G ORANGE JUICE-12G RANCH CUP-5G MILK</p> <p>CALORIES-670/640</p>

Lunch Fees are collected on the first morning of the school week. The 2018-2019 lunch fee is \$2.70 per day (includes milk). Skim white and chocolate milk can be purchased separately for \$.30 and Lactose free milk .60. Reminder: At the beginning of the school year, all students are provided a lunch card. Should it be damaged or lost, it must be replaced in the office for a fee of \$5.00. Please note that our menus can be subject to change. Menu planning does not provide for a child with a medical condition or food allergy. CARBOHYDRATES ARE LISTED ON THE MENU BUT ARE SUBJECT TO CHANGE AS WELL. CALORIES ARE LISTED WITH THE FIRST NUMBER INCLUDING CHOCOLATE MILK AND THE SECOND FOR THE REGULAR MILK. CARBOHYDRATES FOR CHOCOLATE MILK ARE 20G AND FOR WHITE MILK THEY ARE 11G. For the district calendar and lunch menu see our website at [www.min201.org](http://www.min201.org). The Minooka School District #201 complies with the Federal Guidelines for food nutrition in schools. USDA is an equal opportunity provider and employer.