



TAE KWON DO

AFTER SCHOOL CLASSES

–KICKING –PUNCHING –BLOCKING –SELF DEFENSE
--RESPECT-- --DISCIPLINE-- --CONFIDENCE--FOCUS

Classes taught by Master Kyung Mun of Mun's Korean Martial Arts and experienced MKMA staff. Dates & Times: Thursdays after school 3:40 to 4:30

Cost: \$55 per student per month (include additional \$15 if you would like a MKMA T-Shirt)

****Classes held on 5/2, 5/9, 5/16, 5/23, 30 (please turn it in to the office)**

Student Name: _____ Grade _____ Teacher _____

Parent's Name _____ Emergency phone number: _____

Address _____ email _____

Health Concerns: _____ T-Shirt Size: CS CM CL AS AM AL AXL

Liability Waiver: Please be aware that martial arts training is a physical activity with a risk of injury. By signing up your child, you will be waiving and releasing all claims for injury that he or she might sustain or that may arise out of the activities of this class and martial arts training. I agree to waive and relinquish all claims that I may have against Minooka CCSD; Walnut Trails Elementary School; Mun's Korean Martial Arts; and their instructors, masters, staff, or anyone affiliated with Mun's Korean Martial Arts or Minooka CCSD. Minimum of 15 students required for class to run. No make up classes or refunds will be offered for missed classes due to time and space restrictions.

Parent/Guardian Signature _____ Date _____

For more information on our school, visit www.mkmatkd.com or call us at 815-744-4447.

SUMMER SPECIAL

Keep Up Your Skills!

June, July, & August Summer Session

1 Day Per Week for \$150

2 Days Per Week for \$289

Mondays & Fridays 4:30-5:15

Tuesdays & Thursdays 5:45-6:30





June Camp of Champions

Sessions

- Week 1: June: 10, 12, 14
- Week 2: June: 17, 19, 21
- Week 3: June: 24, 26, 28



Curriculum

- More work on focusing, confidence, discipline, flexibility, and conditioning
- Exciting exercises, games TKD, tumbling, weapons, origami, Nerf gun activities, and movies

Hours

- 10AM-2PM
- Standard Drop-Off after 9:30, pick-up before 2:30
- Extended times available, talk to Master Mun

Ages

- 5 and up
- Students and friends all welcome

Things to bring

- Lunch and water bottle

Deadline

- May 31 for June session (Starts June 10 for 3 weeks)

Cost (Includes Camp T-Shirt (Only 5 Sessions or more), Discounts for multiple students, Must Preregister for days)

- \$239 (9 Sessions)
 - \$219 (7 Sessions)
 - \$179 (5 Sessions)
 - \$109 (3 Sessions)
 - \$40 (1 Session)
 - Non-MKMA Family Member Additional \$20
- For more information on our school, visit atkd.com or call us at 815-744-4447.

June Schedule

1st week			
Time	Mon (6/10)	Wed (6/12)	Fri (6/14)
10:00~10:50	Exercise & Kicking Training	Exercise & Hand Technique Training	Exercise & Self-defense
11:00~11:30	Gymnastics	Gymnastics	Gymnastics
11:30~12:00	Nerf gun	Nerf gun	Nerf gun
12:00~12:40	Lunch Time	Lunch Time	Lunch Time
12:40~01:00	Learn Korean	Learn Korean	Learn Korean
01:00~01:30	Weapon 1	origami ①	Weapon 2
01:30~02:00	Games	Games	Games

2nd week			
Time	Mon (6/17)	Wed (6/19)	Fri (6/21)
10:00~10:50	Exercise & Rhythmic Training	Exercise & Kicking Training	Exercise & Hand Technique Training
11:00~11:30	Gymnastics	Gymnastics	Gymnastics
11:30~12:00	Nerf gun	Nerf gun	Nerf gun
12:00~12:40	Lunch Time	Lunch Time	Lunch Time
12:40~01:00	Learn Korean	Learn Korean	Learn Korean
01:00~01:30	Weapon 3	origami ②	Weapon 4
01:30~02:00	Games	Games	Games

3rd week			
Time	Mon (6/24)	Wed (6/26)	Fri (6/28)
10:00~10:50	Exercise & Rhythmic Training	Exercise & Self-defense	Exercise & Board breaking
11:00~11:30	Gymnastics	Gymnastics	Gymnastics
11:30~12:00	Nerf gun	Nerf gun	Nerf gun
12:00~12:40	Lunch Time	Lunch Time	Lunch Time
12:40~01:00	Learn Korean	Learn Korean	Learn Korean
01:00~01:30	Weapon 5	origami ③	Movie Time
01:30~02:00	Games	Games	

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